

“ Disrespect is a learned behavior.”

By Mr. Koenig, Smarts Disciplines: “Fast, Lasting Solutions for Your Peace of Mind and Your Child’s Self-Esteem.”

RULES

- **Live by the Golden Rule to make life easier. “Treat others as you would like to be treated.”**
- Cooperate. Solve problems and make decisions together. Do chores.
- Show love with kind words, kind actions, hugs, kisses and pats on the back.
- Show respect. Consider the feelings of others.
- Do something nice for at least one person each day.
- Don’t Swear. Say what you would want others to say to you.
- Don’t interrupt. Wait for the other person to finish talking.
- Don’t talk back. Follow the directions the first time given.
- Don’t throw temper tantrums. Count to 10 or breathe deeply until calm.
- Don’t hit or kick. Keep hands and feet to yourself.
- Don’t threaten others in words or physical force.

Source: Parents Make a Difference! October 2002, Vol. 14, No.2, By the Parent Institute.

Inappropriate Behaviors:

- Back Talk
- Temper Tantrums
- Angry Screaming
- Throwing Toys
- Destroying Toys
- Dangerous Acts
- Hitting others
- Hostile Teasing
- Biting
- Kicking
- Pulling Hair
- Pushing